A Comparative Study on Intolerance of Uncertainty and Anxiety Sensitivity in Patient with Generalized Anxiety Disorder, Major Depressive Disorder and Normal People

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Abstract

The purpose of the present Study is investigate on Intolerance of Uncertainty of Generalized Anxiety Disorder (GAD), through a comparative study of Intolerance of Uncertainty and Anxiety Sensitivity between patients with Generalized Anxiety Disorder, depression Disorder, and normal people. The present study is a causal-comparative study. 20 patients selected with Generalized Anxiety Disorder, and 20 patients with major depression disorder and 20 normal individuals. Participants completed a thought fusion instrument and thought control questionnaire. Data were analyzed using a Multivariate Analysis of Variance (MANOVA). Results indicated that patients with Generalized Anxiety Disorder were higher scores of two other groups. Therefore The results of present study supports of Intolerance of Uncertainty model of GAD and showed Intolerance of Uncertainty and Anxiety Sensitivity can effective in onset and continuity GAD.

Key words: Generalized Anxiety Disorder, major depression disorder, Intolerance of Uncertainty, Anxiety Sensitivity

Reference


