The Relationship between Perfectionism and Anxiety in Non-Commissioned Army Officers of Islamic Republic of Iran

Sadegh Taghiloo*, Ghader Boostani Mavi**, Maghsoud Faghirpour***

* Department of psychology, Guilan, Science and Research branch, Islamic Azad University, Guilan, Iran
** Department of psychology, Guilan, Science and Research branch, Islamic Azad University, Guilan, Iran,
*** Department of psychology, Guilan, Science and Research branch, Islamic Azad University, Guilan, Iran

Abstract

Perfectionism for many years has arrived to psychology literature and seems that has significance role in some mental disorder and life success. Many studies have been done to understand this concept; the purpose of present study was to investigate the perfectionism ability to predict the variance components of anxiety. For this, 901 subject of Iranian army noncommissioned officer were randomly selected and filled Frost Multidimensional Perfectionism Scale (FMP) and Anxiety Beck Inventory. Pearson correlation used for data analysis in SPSS software, ver 16. Data analysis showed significance positive correlation between perfectionism and anxiety at 95% confidence level ($r=0.2$, $p=0.001$). Based on stepwise regression Doubts about Actions subscale can predicted 10 percent of anxiety, but Concern over Mistakes, Personal Standards, Parental Expectations, Parental Criticism and Organization subscales cannot ability to anxiety score predict in participants.

KEYWORDS: Perfectionism, Anxiety, Iranian army noncommissioned officer

References


factors of perfectionism located within the five-factor model of personality. Personality and Individual Differences, 40, 409–420.


